See In This Bread
(for Peg Jacobs)

Words and Music by David L. Edwards

C G Am F G C C G Am

1. See in this bread the sunlight on the meadow. See in this bread the
2. Taste in this bread the joy of life's abundance. Taste in this bread the
3. Sharing this bread, we are no longer strangers. Sharing this bread, we
4. (Repeat verse 1.)

Bb Dm G C G Am F E7 Am

falling of the rain. See in this bread the hands of loving labor.
suffering of the world. Taste in this bread the promise of the springtime.
touch our truest self. Sharing this bread, one with the whole creation.

F G Em Am Dm G C

All that God has made in this bread. bread we eat.
All that God has made in this bread.
All that God has made in this bread.

"Eating (our bread) deeply, we touch the sun,
the clouds, the earth, and everything in the cosmos.
We touch life, and we touch the Kingdom of God."
Thich Nhat Hanh

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